



LEOBRAND

**Letters on**

# **Living Ethics**

**Introduction to Agni Yoga**



**5. Might and meaning of thoughts**

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Image on the cover:

Image on the cover: “*In thoughts*” painting by Nicholas Roerich, 1946

# Might and meaning of thoughts

## 1. Thinking and body of awareness

The French philosopher Descartes was asked how he could prove his existence, he replied: "Cogito ergo sum" - (I think, therefore I am). In this terse assertion, he relied on the undoubtedly certainty of thinking. Thinking requires a complicated apparatus in order to be able to transmit your thoughts to the physical body. The question is now: who or what is actually thinking in us?, who or what is thinking at all?, the brain, the soul, the mind or something else?

Thinking is undoubtedly a process of awareness, even if science often only speaks of electrical brain phenomena. Man becomes aware of something, for example a feeling of hunger or sympathy, sometimes also an idea or a creative thought. Here we already see three different categories of thought processes, each is requiring a certain awareness. For every kind of consciousness you also need a carrier of awareness, whose outer shell forms the physical body, but which cannot think of itself without being enlivened by higher principles, but this is only the external appearance of this soul and is the result of your own thinking.

In order to understand the might of thoughts, we must briefly examine the human constitution. The previous tripartite division of Plato into body, soul and spirit (Soma, Psyche, Nous) is no longer sufficient for this purpose. This division, which was also adopted by Paul and the later doctor of the church with minor variations, was sufficient for the Age of Piscean. In the Age of Aquarius, which requires a deeper look in every respect, we have to distinguish at least seven levels of consciousness, which enables future extension.

## 2. The seven human principles or the sevenfold constitution of man

Although from a purely external point of view, man represents a unity, his essence is composed of seven principles, which means that the human constitution is sevenfold. The physical body does not yet form the actual human being, but only the carrier of consciousness and life for staying on the physical plan. Life in the visible and physical world is also only a part of human life, the main focus of which is to be found in the »Subtle World« with its various gradations.

A life that is limited to the visible physical earth would be unique and would have to be rejected by a thinking person. There must be also a subtle spheres for the spiritual powers working in us, which outlast the physical life on earth either for a long time or entirely and only through these spheres immortality is possible. An Evolution in the sense of perfection makes this seem reasonable. For this reason, modern religious ideas do not know constant states, such as heaven or hell, from which there is no longer any escape, but states of consciousness that depend on mentality and morality, and have their counterparts in certain interflowing zones in the Subtle World surrounding the earth. This is also the home of the ideas and thoughts, from which we draw and into which we deposit everything at the same time, both good and evil, whereby we either purify or contaminate the Subtle World even space.

Of course, one cannot penetrate the Subtle World with the physical body and its coarse senses, but requires corresponding subtle carriers of awareness. On the physical plan all these carriers of awareness are interwoven. Naturally, in the Subtle World and in the higher, Fiery World of spiritual light, man is transcended by higher beings. The physical body, which unites all subtle bodies, remains only as one aspect, a visible sight of the sevenfold constitution of man.

Nevertheless, human individuality cannot be understood as a bundle of souls, but rather as a fusion of different carriers of awareness, each of which is capable of functioning in its own plan of existence. These carriers of awareness are almost inseparably connected in

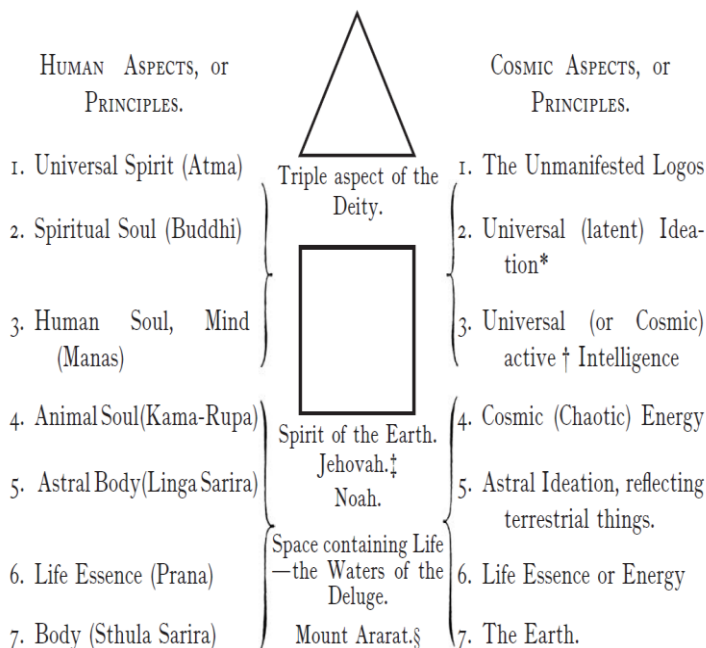
the average human being until death. In spiritually developed people, even during life, especially during sleep, not only a loosening but also a short separation from the higher principles is possible, namely by leaving the mental body.

### The imperishable Trinity/triad (spiritual soul)

Sanskrit name	Esoteric label	Equivalent
ATMA	Monad, seed of the spirit, seed	Unit of consciousness with the absolute
Buddhi	Higher self, ego, core	Intuition, emotional, straight-knowledge, spiritual mind
Manas	Mental or thinking body	Intellect or intellectual mind

### The lower fourness (body soul)

Kama Rupa	Animal soul, desire body, Lower Self	Instinct or instinctive mind
Linga Scharira	Astral body	Subtle body
Prana	Etheric body, life principle, fluidic double, vital principle	Vital principle
Schtula Scharira	Physical body	Physical body



Man has the "lower fourness" in common with the animals. The highest stage of human development is the "Higher Self" or "Ego" together with its carriers of awareness; united with the "Lower Self", then the human being is created, who initially works mainly with his mental body (Manas) and develops the intellect. At a later stage, Buddhi becomes more apparent. In this way intuition or straight-knowledge is added, until finally, through the connection with Atma at the end of the earthly perfection, the unity of consciousness with the Absolute is achieved.

It would be wrong to believe that man is composed of

seven entities or that the seven principles are superimposed like the peel of an onion. The seven principles are interwoven and are to be understood as different, purpose-bound forces, or as carriers of awareness, whose material structure increases in subtlety. Every body is taken from the material of its plane and must also, or can only be returned to it after dying.

Even this is unknown to science, nevertheless our physical atoms have an ethereal and even finer correspondence. Where else would the psychic and etheric energy come from? The assumption of an energy equivalence is a scientific error; for every thought is already energy, but where does it come from? It can be converted at will.

The physical body is well known through scientific research, because there are enough instruments to examine it. The etheric body or fluidic double is already beyond the reach of instrumental observation. Even its rays have been measured by oscillographs, but they have not found a scientific explanation. Accordingly, this body can be considered physical in a certain sense. In any case, it can be perceived through the senses of the astral body and is formed from substances of the fifth element, the ether.

The fluidic double controls the accumulation of physical molecules during physical growth. He is also subject to the same growth, but in such a way that he is always one step ahead. The astral body is the carrier of awareness of the astral world, which is the plan we enter immediately after death. Just as the physical body contains all seven principles, so the astral body contains the four higher planes of awareness, which are destined for activity on the higher planes of existence. For the astral body with the included higher principles there is the possibility of separation either consciously (very rarely) or unconsciously in sleep, whereas the etheric body cannot move away from the physical body without danger to life.

Also, the higher principles are able to separate themselves again from the astral, like this from the physical body. The astral body is therefore by no means yet the actual soul, but in connection with "Kama", the principle of desires, it is a force taken over from the animal kingdom, which expresses all inclinations and passions in man. At the same time, it is the seat of the lower instincts that must reach purification. In this way, the lower quaternary is also completed with the lower animal self. The fifth principle or manas, the thinking human being with his intellect, is opposed to it, at the same time the lowest manifestation of the Higher Triad or also the Higher Self, as it is expressed by the average human being. Here, for the first time, the actual individuality is formed, which distinguishes man from the animal. The sixth principle or buddhi is already an immortal vessel, the spiritual soul, to receive Atma, the seventh divine principle of the absolute, which projects into man. Atma is the source of all things, actually no longer a human principle, but absolute spirit.

On the whole, man lives in three planes, where he reveals his activity: in the physical world through his deeds, in the subtle world through his desires and feelings, and in the mental (fiery) world through his thoughts. For each of these planes we also possess certain carriers of awareness, namely from the matter of the corresponding plan, which serves us as a means for the knowledge of these planes and for intercourse with them.

## The aura

When considering the seven principles, the most important thing about the human aura must also be briefly discussed. This is an ovoid ray structure that surrounds the human being, which reaches an average of 4-5 cm, and is considerably further in spiritually more highly developed people. The aura can also be described as a spiritual garment or universal reading instrument, which is directly dependent on the level of spiritual development of a person. The aura of an undeveloped person is grey or colourless or consists of dark, luscious colours that express the gross passions and emotions.

A spiritually developed person has a pure and clear aura that shines in all the colors of the rainbow. Every wish and every strong thought leave visible shades of light and colour in the aura, and thus the aura is an unmistakable characteristic of the way of thinking and the character of man. Of course, our spiritual guides, who see the aura, can judge exactly the state of our spiritual development, which will finally be possible for mankind in a later stage of evolution. The time is not too far away when also aura-photographs are possible.

The aura is also surrounded by a so-called "protective net", which mustn't be injured otherwise there is the danger of intrusion of lower astral beings who want to participate in the



physical life by using force. This danger also exists in the case of strong mediality. In the event of violation of this protective net, possession can occur under adverse circumstances, which can only be avoided if faith and commitment to the Hierarchy of Light are maintained. This is the last fortress that can never be stormed. The aura is also composed of various components or layers that flow into each other, which allow conclusions to be drawn about both health and the state of the individual subtle principles of man.

### 3. Three types of mind and the apparatuses of thinking

At the present stage of development it can be said that man has three kinds of mind: instinct, intellect and intuition. Although these three manifestations of the mind allow a clear differentiation by the type of reason expressed and its expediency, they are still closely related and therefore there are constant confusions. Each of them possesses shades that only gradually merge into one another. The difference lies not only in the location of the mind, but above all in its purpose. Every living being first strives to preserve life according to its species. One can also speak of a certain intelligence in instinct, but man has already lost this instinct.

#### The instinctive mind (instinct)

At the lowest stage of development, man could not possibly do without instinct and therefore had to take this kind of mind, as well as the soul of desire, from the animal kingdom. The seat of this lower mind, which corresponds to the fourth principle, is in the solar plexus. From here digestion, breath, blood circulation and the regeneration of physical cells are regulated. The direct influence of the solar plexus can be observed, for example, in anxiety states, which are the consequence of a threat to life or existence, as direct pressure is exerted on the stomach and intestines and causes diarrhoea. All the needs of the body, such as hunger, thirst, sleep and sexual drive, are controlled by instinct. The lower mind is also the starting point of all passions, such as hatred, anger, vengeance, jealousy, envy, etc., as well as all emotions of the lowest nature of man.

While the intellect can be switched off during sleep, instinct never sleeps, but continues to function during sleep. In a way, it does his work completely automatically and habitually, without drawing on a higher consciousness. Even those works that initially require the involvement and attention of the intellect become habitual when mastered; they then move into the area of instinct.

The instinctive mind therefore resembles a magazine into which everything we have known, seen and done has been transferred. These skills are stored there in order to be brought out again at the necessary moment. Science mistakes the instinctive mind for the so-called subconscious. Apart from the subconscious, one speaks only of a consciousness, but not of a superconscious, from which the ability of enlightenment arises. Since one does not yet know how to do enough with these results, they are therefore attributed to the subconscious.

#### The intellectual mind (intellect)

The intellect or intellectual mind corresponds to the fifth principle within the context of the human constitution. So, there are two more principles above it, although science sees the highest mind of man in the intellect. The seat of the intellect is in the brain, where the transference work of conscious thinking is done. As the intellect develops, the instinct is pushed back, although man cannot do without the first when developing the second intellect, because the first still regulates the vital functions.

The activity of the intellect is also directed toward the preservation and refinement of life. For example, we owe the whole of civilization and also culture to the middle mind as soon as it uses technical means and tools. Great credit must also be given to the intellect for the development of human knowledge and science. Indeed, it is used wherever persistent research,

analysis and synthesis, calculations, observations and logical conclusions are needed. All achievements in the field of facilitating and improving life are therefore the result of this intellect.

*"Intellect is not wisdom. Straight-knowledge is wisdom. Intellect is reason. Wisdom makes decisions that long ago had already germinated. Intellect is at the threshold of wisdom, and when sharpened it moves into the realm of synthesis. Reason and a mind trained to one specialty are only corners of the future house. Those with narrowly specialized minds can pave for themselves a brilliant future, but they must continue to incarnate until their minds lose their narrow specialization. Only when the intellect loses this can it become wise. Each specialty is meant for conditions of life on Earth, whereas the synthesis of spirit opens all spheres. Spiritual tension accumulates spatial psychic energy. Spiritual tension can lead into any sphere of the astral plane."* (AY, §508)

With the exception of a small portion of those individualities that have surpassed the general mass of humanity, the development of the fourth and fifth principles has ended at the present stage of evolution. The development of the sixth principle is still in its early stages. There is a certain difficulty for mankind in this. From a scientific point of view, no higher principles are to be recognized, and the intellect is considered to be God and the invisible deity is considered to be an unprovable chimera. That is why science has deified itself as a substitute for the higher worlds, instead of seeking connection with them; it is in danger of plunging mankind into a terrible abyss.

Science has undoubtedly brought a lot of good to mankind, but sooner or later without recognizing the divine origin in man and nature, one serves evil and destruction. But we should work for the construction and the completion. Everything must therefore be attempted to develop the higher spiritual principles in man, so that man can resist those non-stop attacks that only appeal to lower instincts. Science should also find the connection to the true "religio" for the blessing of mankind.

*"... For contemporary humanity thought has turned into an insignificant cerebral contraction. For most people nowadays, since the eye does not see the consequence of thought, it means that the consequence does not exist. At this rate we will come to a point where the whole process of thinking is denied! The heart is in a more advantageous position; it moves and makes noise—and so the heart is able to knock."* (Heart, §87)

## The spiritual mind (intuition or straight-knowledge)

Intuition or emotional knowledge forms the ability of enlightenment. While one speaks of knowledge in the intellect, wisdom is a property of the sixth principle and can also be peculiar to an illiterate person. Everything that mankind creates in the form of noble, beautiful and true cultural values comes from the realm of the higher mind. Here we have the source from which the great artists have drawn at all times - the inexhaustible spring, who inspired poets, thinkers, preachers, musicians and visual artists with ideas.

Everything that humans acquire on the path to perfection, which leads to the true knowledge of the nature of all things and of existence, that evokes love, nobility, self-sacrifice, harmony, beauty and justice, has its source in this sixth primordial beginning. This highest form of the human mind has its seat not in the brain, but in the heart, and therefore everything that emerges from there is accordingly enlivened with cordiality, warmth and truthfulness.

Like the instinctive mind, this higher primordial beginning of human being does not need any rest either and reveals his existence and his activity also during sleep, for example by warning humans of impending dangers through dreams or visions and painting pictures of the future. While our consciousness is asleep, the subconscious draws pictures of the past and the superconscious draws pictures of the future. However, when it comes to dreams of truth, one



must bear in mind that different symbols apply to each person, which they must explore for themselves through repeated observation, which is why dream books have no value.

#### 4. The over-development of the intellect in the present

Today's development of the intellect shows that it was not developed to its natural limit, but has already crossed this barrier, which is why its further progression can only lead to an increase in evil. It therefore forms a fruit that as a consequence of self-glorification turns into putrescence. Overripe and overbred fruits spoil early. They are therefore excreted at harvest or before they are consumed, as are immature ones. Even cosmic evolution can only use those fruits as seeds for the future that are healthy and appropriate and suitable for the next stage of development.

Instead of taking the path towards the sixth principle, the perfection was only aimed at a more refined satisfaction of needs in order to breed the lower nature even more. This led to a certain eudaemonism, which at all times undermined the foundations of culture and ended in self-annihilation. The fate of peoples and ultimately of all humanity depends on the direction of development that the intellect takes.

This makes the intellect a dangerous co-worker because it is not guided by a higher principle and thus lacks a beneficial and disciplining influence. Woe, if he is free to abuse the freedom of thought and refuses to take responsibility for it. The self-control of thinking and the recognition of self-responsibility are therefore of uttermost importance.

#### The disadvantageous appearances of the intellect

It is a peculiarity of the intellect that it always has to be occupied with something while the human being is awake. If man does not assign him a certain necessary job, he will think about anything without worrying about the value and quality of his thoughts.

His main desire is to feel animated, to be constantly excited, to vibrate and to react to all appearances and events that come under his spell.

For this reason, the intellectual mind is extremely inconsistent, capricious and absent-minded and cannot stay for a long time on a certain object.

It flutters from flower to flower like a butterfly. For this reason, very few people and professional thinkers at least partially master their intellect and know how to remain on a certain point or object for a long time and to think about it without being disturbed by other thoughts. The ability of real concentration is very rare. There are only a few average people who can pronounce the name CHRIST or MORYA seven times, or can call via the heart, without being disturbed by even the slightest secondary thought.

The mass of mankind does not understand how to concentrate their thoughts on an object for a very short period of time. As soon as the intellect feels that no reins are being imposed on it, it becomes a source of calamity. It regards itself as the last and greatest achievement and tries to measure the enormous, unknown sizes of the universe with its small scale. However, since he can only use it to fathom the appearances of the visibly physical world, he negates everything he does not understand or grasp, especially the world of higher dimensions hidden from our eyes.

But through this negation he breaks the connection to the higher world of the spirit and robs himself of the glorious gifts he could receive from the transcendent spheres of the cosmos. He regards the whispering of the high principles as hallucinations, and he excuses his passions and criminal qualities as complexes, which were put into his cradle without guilt, not suspecting that even in previous incarnations he was the originator who created this bad character with all his passions by wrong thinking and harmful actions in a self-responsible way. Unfortunately these only intellectually developed people are also supported by psycho-



analysts. Moreover, they are still largely absolved by them in their responsibility. Psychoanalysis, barren of the higher wisdom, can never, with the intellect alone, recognize the law of cause and effect and the related necessity of rebirth through testing, and therefore sometimes gives false explanations for the complexes. Only through hypnosis it would be possible at any time, even without opening the corresponding subtle centre (chakra of chalice), to retrieve memories from previous lives from the subconscious and to uncover the true causes. Without being bound to a higher spiritual origin, the human intellect will always develop only the worst qualities and find an excuse for everything, in order to kill its conscience and let passions run free. This behaviour is very simple and does not require any effort. Doubting and negating what is inapprehensible to him, the self-aggrandising and exaggerated intellect therefore laughs at and spits at everything higher, sinks in sexuality (instinctive behaviour) below the animal, subjects everything that is not recognized by him to negative criticism and recognizes no authority other than its own. Man thus becomes his own enemy, the enemy of nature and the enemy of his Creator.

## 5. What does thinking mean?

Thinking is the primary work and activity of the mind. This applies equally to instinct, intellect and intuition. Thinking is the most necessary function of life. All thinking is initially aimed at maintaining existence, because every being struggles for its existence and has to think about how it can maintain and improve its living conditions. Thinking is therefore an ability to perceive and exploit all possibilities that are available to preserve life and the conditions of existence.

However, it would be wrong to believe that only man alone possesses the ability to think, and possibly also animals with their instinctive minds. Even the lowest beings, the plants and even the so-called "inanimate" nature have the ability of a consciousness and therefore of a certain thinking, even if hardly perceptible. Everything that exists and everything that lives also thinks. Even the atom is already fighting for its existence, and therefore one can say that thought is even present in the stone.

The ability to think and observe its surroundings are the most important qualities that every living being has mastered to a certain extent. Certainly, man is the crown of planetary creation on earth, and freedom of thought is therefore not only his most noble quality, but is one of the most important basic human rights. Only through self-observation and one's own thinking one can you strive for higher perfection. One should also not leave thinking to other people and take on other people opinions without thinking or criticism.

What we think or observe is placed in the respective consciousness. **Consciousness itself provides the ability to observe and perceive our environment as well as the necessary distinction and inclusion into the life processes in space through thinking. In relation to the instinctive mind, the subconscious enables us to become aware of the ability to receive and sustain life.** The intellectual mind already offers the possibility to refine and improve life, i.e. to create a civilization. The intuitive mind lets us perceive eternal and imperishable values and collect wisdom. It also connects the individual heart to the Cosmic Heart. Therefore, it is possible that an intellectually less educated person may still possess wisdom of life if he has developed his –refinement of the heart (Heart, §358)-. The –refinement of the heart- should therefore be developed more in the future.

While the instinct works automatically and the intellect works without necessity and also without testing the usefulness, the heart thinks only useful and right. The heart is the real guide of man and it is connected to the Cosmic Heart of the world through conscience. In this sense, the thinking of the heart is directed towards existence, namely, towards spiritual

development and perfection for the eternity that lies ahead of us, and in this way it creates lasting spiritual values, whereas the achievements of the intellect largely fall apart.

## 6. What is the thought?

*The thought is the result or the product of thinking. As the primary achievement of thinking, thought is also the first source in space. It gives creative activity, form, direction and life.*

For this reason, it is of immense importance, but its scope has not yet been recognized by humans, although it can be seen that every work and every creative activity must first arise in the thought or idea. Everything starts primarily with the thought and then the action follows. This applies in the same way to both small and global events.

*"Of all creative energies, thought remains supreme. ..."* (AY, §19)

*"... Raja of all being is a thought. Beauty is born by a Flash of thought. ..."* (AY, §28)

*"Thought is the basis of creativeness. It can be visible and measured. One has to regard thought as the creation of independent action. From this understanding issues a correct attitude toward the consequences of thought. It is often asked why We do not cut off the consequences of a thought. But thought is a newborn entity of the spiritual plane. Notice, thought is not an abstraction, not a substance, but an entity with all the signs of a self-sufficient existence. As an entity of the spiritual plane, thought cannot be annihilated.<sup>1</sup> It can be opposed by a similar entity of greater potentiality. In this lies the essence of *Tactica Adversa*, when a monster is permitted to attain its complete ugliness in order that afterward it may be destroyed by a ray of Light. Hierarchy will be the best pledge of the true might of Light."* (HIE, §211)

Through thinking, forces are continuously released into the Subtle World, both constructive and destructive. The thought beings of all kinds created by ourselves - be they lies, unfair ideas, living forms of hatred and envy or other vices - as living beings of the Subtle World, they beset the human being until their life impulse has come to an end or until they are eliminated by good thought beings of love and purity.

A glaring thought, consciously sent with a special task, gives rise to a living, spatial being emerge from mental matter, a form of thought, which strives to realize the idea put into it (Erinyes in the good and bad sense). These forms of thoughts live for centuries and millennia and finally await the execution of the thoughts transposed into them. They differ from all other living entities of the mental level in that they cannot answer questions. They do not possess a centre of consciousness, live only for the purpose for which they were born, and only work until their mission is carried out.

*„... Inertia is an essential quality of these elements, and in order to imbue them with evolutionary energy that stroke of spirit is needed which can embrace thought. Thus, thought is the communicating link with the elements.*

*When We speak of the need for fortifying the apparatus of thought, We are warning against the unbridled assault of the elemental forces. Certain periods of planetary existence are subject to assaults of the elements. The one resistance to them is a consistent striving of people toward a renewal of life. This saturation of thought will permit concentration on the Teaching and, like a smiting sword, will cleave the clouds of unapprehended chaos. Thought can protect against the elemental forces, otherwise the balance would be so greatly disturbed that cosmic catastrophes would ensue. Would a year of famine, of drought, of disease not be the result of mass degeneration of thought? One man's thoughts are not enough to resist the elements. A new trend in consciousness cannot yet give the needed form to conscious thought. Only complete realization and responsibility will make it possible to inject power into thought. Otherwise there will be tension without realization, like sails taut in the fury of the whirlwind. ..."* (AY, §22)

<sup>1</sup> According to the theorem of conservation of energy from physics, energy cannot be destroyed, only a transformation of the energy form is possible.

*"Of all energies, thought is the subtlest. It can be truly asserted that thought outlives everything. Thought is immortal; it lives on by creating new combinations. Hence, when the power of psychic energy is intensified, nothing can block it. When the consciousness of a people demands new steps, the power of psychic energy must be asserted and then propelled into space. The realization that thought is eternal and invincible will evoke in humanity the striving for the generating of creative thought. When the thought saturates the space, its impelling magnetism creates. Limitlessly is the space thus cemented!" (Inf. II, §398)*

## 7. The might of thought

Thought is one of the mightiest energies in the cosmos, it is both constructive and destructive. Its might lies in the fact that it sets in motion the primordial elemental forces, which by their nature are immobile and inert.<sup>2</sup> This requires an impulse that is given to them by the thoughts of man and any thinking beings.

*"One more misconception: often, because of ignorance or self-justification, people think that their thought is insignificant and can reach nowhere, whereas the potentiality of thought is great, and for thought there exists neither space nor time. But those who think chaotically are, like those who wave their hands in the dark, unaware of the object they hit. Moreover, thought accumulates in space. One can conceive of a mighty choir of harmonious thoughts, but one can also imagine a flock of chattering black jackdaws. Such congregations also fill space and disturb the higher worlds. Dear thinkers, jackdaws, you are also responsible for the quality of your thoughts. Thus, even you create your future." (HIE, §172)*

*"Therefore there is no way by which one can escape responsibility. Even the smallest thought enters into the megaphone of space and attracts to itself the same kind of locust, causing the smoky atmosphere of the planet. Thought can purify by destroying the microbes of disintegration, but it can likewise attract unbridled elements. Not without reason do the dark ones use especially underdeveloped people for certain machinations. You often utter the word cult-ur; it means the cult of Light. I remind you of how great is the common responsibility before Light if each thought can either obscure or purify space. Thus let us remember." (HIE, § 173)*

*"Every thought generates action. The most insignificant thought creates a tiny action; therefore think broadly, so that even if you meet with failure there remains a potential large enough to generate substantial results. Even if people often do not know how to act in the right way, they could at least cultivate broad, benevolent thoughts within themselves. I am emphasizing cultivated thoughts, because the dark dust is destroying the beauty of creation. It is difficult for someone to start thinking about beneficial construction when a mist of blood is fogging up his consciousness, but sooner or later he will have to turn to the power of purified thought. Therefore, it is better to begin sooner." (Heart, §127)*

There is also a law of nature that states that the power of thought increases sevenfold when two people think of the same thing at the same time. A certain thought of a whole people can even increase to infinity and change the fate of the planet and thereby possibly also influence the course of the stars.

*"When in perplexity, sit together in silence and think one thought. Soon you will understand to what an extent such silent counsel is practical. We precipitate the force of the spirit along one channel. An unusual discharge results, reinforced by magnetism and harmonized by rhythm. The law is that two concordant thoughts increase the power seven times. This is not magic but a practical consideration." (LMG II, §155)*

There is no doubt that the more thought powers are put into one thought, the greater the effect of it. This power of thought is visible, palpable and can be weighed on particularly fine scales. It is well known that a person weighs more when he thinks concentrated than when he does not think. This fact of the difference in weight was discovered at the Sorbonne in Paris. It suggests a certain materiality of thought.

<sup>2</sup> sluggish

## 8. The human being as a transmitter of constructive or destructive thoughts

The human intellect sends consciously or unconsciously mental energies that are either creative or destructive and spread in all directions like radio waves. In this way man resembles a factory of good and evil at the same time. The thoughts of everyday people, from which the mass of the earth's inhabitants is composed, are mostly weak, unclear and confused and run like an assembly line. There need to be no hatred, enmity or selfishness in them at all, only the trifles and the filth of everyday life are the characteristics of these thoughts, which consist of petty envy, criticism, defamation of the environment, personal arguments, disputes, lascivious personal desires, lustful desires and base motives.

One should not think that seemingly trivial thoughts are meaningless. In this regard, the book Agni Yoga states: *"Most harmful of all are the so-called involuntary thoughts. Every conscious thought is to a certain degree organized, but the little vagabonds, without any sense, obstruct the ways."* (AY, §534)

There are only few spiritually developed people who know the meaning of thoughts and therefore send only wonderful and well-intentioned thoughts into space. Just as rare are those people who think exclusively evil thoughts, who consciously radiate hatred in their environment and therefore only send out poisoned arrows of thought.

## 9. The effect of destructive thoughts

One is tempted to assume that the weak, unclear and misty thoughts would be harmless. However, this is a mistake, because they are much more harmful than one thinks. For one must know that in the universe a law of attraction of same with the same is effective. Every thought, no matter how vague or confused, causes corresponding reflections on the mental level. In addition, these thoughts unite or cluster together with similar ones of other people by virtue of their affinity, or wave and rhythmic equality of the vibrations to form larger mass accumulations.

Every second, millions of destructive thoughts, even if they are so low in potency, are sent into space. There, however, they gather together to form enormous masses, strengthen themselves and form enormous reservoirs of chaotic forces, in which there is also not a shadow of a creative impulse, but an abundance of negative energy. Since these forces cannot be used for creative work, they pounce on humanity in the form of elementary natural disasters, such as floods, epidemics, hunger, earthquakes, wars and all kinds of catastrophes.

One should also think in this context of the devastation of entire regions, which are caused every year by swarms of locusts, or the destruction caused by termites and the like. These are also the results of destructive human thinking and can serve as a particular example of how negative thoughts, materialized in the form of insects, give rise to destructive forces. The single grasshopper appears as harmless as a single bad thought. It is therefore also completely hopeless to want to exterminate harmful insects or bacteria even with the strongest toxins, on the contrary, a small part becomes immune to all poisons and then multiplies all the more rapidly or is replaced by new bacteria which are the result of evil thinking. Only if people improve their thinking, they will be successful in fighting the world of pests and, at the same time, find the means that nature uses to purify and purify itself. Currently, however, with the contamination of the Subtle World, the pollution of the earthly plan, that is to say the earth, air and water, is also increasing.

Thus, also locusts are nothing else than materialized thought forms of humans. The higher creative entities, which carry out the transformation of the forces of thought, try to extract the greatest possible beauty from the chaotic mass of destructive thoughts. But even the best artist and even a god cannot create anything better from bad material. All thoughts somehow return in materialized forms. In a world that would be filled with sublime, beautiful



and noble people who send out correspondingly good thoughts, there would be no rats and snakes and much less vermin. The natural scientists will object that the repulsive world of pests is also the same product of evolution and subject to the same biological laws as man. In this sense they are right, but the difference is that without human powers of thought the lower life forms of the lower world would never appear. Every living being has its spiritual originator, and the human powers of thought also undergo physical materialization in some form. Man himself would not exist at all if he were not brought into being by the powers of thought of higher divine beings, who have also taken responsibility for our existence.

*"... It is difficult to realize that the thread of the Fire of Space stretches into Infinity, but beautiful is the thought of him who has adhered to this unusual concept. Humanity does not even realize what extinguishing means. But you know that each extinction of a flash of fires ignites supermundane torches. Benefit or harm—it is you, the people, who predetermine. As the sending, so is the receiving. One may create a shower of radiant sendings, but one may also fill the space with locusts. Such is the law of cooperation between thoughts and space.*

*Consider thought as a creator. Joy is the realization of the beginning of the manifestations of Our Decrees, revealed to humanity.*

*When we renounce ignorance we shall understand the entire beauty of Infinity! (Inf. I, §3)*

Man can get nothing better than what he sends out himself. The evil he sends into space cannot transmute into something good for him. Therefore, all elementary disasters and accidents, including earthquakes, are nothing but the product of man himself, that is, a result of bad thinking. Therefore the Master of Living Ethics says "... One may demand of man, "Friend, do not evoke earthquakes."." HIE, §166.)

A person who shapes destructive thoughts reinforces already existing identical shapes of thought and thus promotes the revival of such thoughts in other persons, regardless of whether or not he puts them into practice on the physical plan itself. Those who coddled thoughts of hatred, anger and vengeance would shudder themselves if they could see these shapes of thoughts that are theirs. The matter of the astral plane is so elastic that the thought easily creates without difficulty the being which was put inside the content of the thought.

Those who would see astral thought-forms of hatred, would never doubt that this could be a being of hatred. A person who thinks of a crime will create a criminal being, which will also try to bring this crime to life, because everything that exists and arises on the mental plane must sooner or later be realized on the physical plan.

Sending out thoughts of hatred is especially dangerous when the person one wants to harm is already above those lower emotions and no longer creates thoughts of hatred in his consciousness. Then these thoughts do not hit the recipient, but return like a boomerang to their originator and strike at him. Bad thoughts also constantly swarm around their originators like dark clouds, and many of these wicked wishes only find their fulfilment, when you no longer think about them.

People are all too easily inclined to explain all temptations as diabolical influences. In most cases, however, this attack of evil is not an onslaught of sinister forces on man, but the spawning of one's own thoughts, which react as karmic reactions.

But that is by no means all the damage that man does to himself and others through destructive thinking. Imagine someone is thinking of suicide. And let us assume that he doesn't carry it out, but still thinks about it for a while. This can be quite enough to induce another person to commit suicide somewhere else, even if it is on another continent. There are many like-minded people who are contemplating suicide, and they often only need a little push to close the score with life. Thus, at a certain time and in a certain situation, one attracts another person's similar thought from outer space and thereby receives the last impulse that seals his decision. This person now ends his life, and the other person who has thought of suicide becomes an indirect murderer and accessory to the person who has committed suicide. Such invisible murders happen more often than one would suspect. This example applies to all destructive thoughts that cause any kind of crime. Therefore, who thinks maliciously, contributes to similar crimes where thoughts become reality..



*"People are astonished at the quantity of crimes, but they forget about the incomparably larger number of evil deeds that are never detected. One may be horrified by the countless mental crimes which have not been legislated against, and yet they are destroying the lives of people and the life of the whole planet. ..."* (BR §248)

## 10. The effect of uplifting thoughts

It is understood that in the space not only masses of chaotic and destructive forces exist. The world would have to cease to exist if that were the case. If these forces could unite without resistance, and if nothing would stand against them, they would have the possibility to destroy and annihilate the world. However, the world is governed by the Higher Reason, which has established wise laws in everything and everywhere, and which also takes care of the welfare of people.

The law about the world of thought states: The higher the thought is according to its content, the stronger it is. The highest thought that gives power to the primal elements comes from high beings who have attained a corresponding level of spiritual development. Through their thoughts of high content, they can paralyze the destructive thoughts of mankind, oppose the disintegrating shapes of thought with their powerful, good thoughts, and push the wicked thoughts in different directions, depending on their purposefulness.

However, it is up to people to help with the power of positive thoughts and we have to get out of the stage of spiritual beggary and boyish pranks by deliberately thinking about doing something and refusing responsibility in the hope of not being caught. When people have knotted their karma in such a way that they can no longer get out of their dead-end situation on their own, they always wait - even today - for miraculous healings instead of performing the miracle on themselves and paying their debts by the power of their own good thoughts. This is the only way a man can become a useful co-worker in building a better world and gradually become a master of wisdom.

Therefore, it is not without reason that all the Great Teachers have repeatedly called for beauty in thoughts, words, feelings and deeds. Those form the necessary requirements and foundations to beautify life in every respect. The "living beings" created by man fulfil his will in a certain respect and strive for fruition. It seems as if they are slaves of the person who created them. Disintegrating thoughts subjugate man and hold him in bondage until he has produced an even more powerful being through by uplifting thoughts, which breaks the bond with harmful shapes of thoughts and destroys them. But if man doesn't do the latter one, the disintegrating thought beings created by himself will destroy him in time, after it has consolidated and strengthened itself.

We also have to consider that thoughts and feelings sent to a certain person, as subtle shapes of thoughts, go directly towards that person and come into contact with their mental leader. If we send good thoughts and wishes to someone else and they receive them, then the well-intentioned aspirations have become so much stronger that they come to implementation in life. In this case, the mental sending has created a double benefit, for the sender and the receiver, because the sender is like the sower who reaps a hundredfold.

## 11. Where are thoughts effective everywhere?

Thoughts form a force that is effective everywhere in space, especially in the world around us.

*"If one can confirm the presence of thought even in a stone, then what a clear rainbow of thought fills space! One must become used to the fact that thought permeates all that exists. Certainly this reality, ponderable and not abstract, remains defined as energy but preserves the potentiality of conscious evolution.*

*Until recently the sensitivity of plants was considered to be just instinct, but after investigation one now can attribute this "instinct" to the domain of thought. Hence, one must observe*

*upward and downward. The human creature shows a characteristic error in presuming to himself the exclusive ability to think. By the most simple examples, one can demonstrate how human thought is affected by age, circumstances, and nationality. It is striking to see how weak is the rudimentary thinking of the average man; yet anonymously-sent spatial thoughts will uplift his spirit. You know that a radio, with slight alteration, can receive thoughts from space. And thoughts, as living matter, can both nourish and be nourished.*

*Reflect on the manifestation of thought. Realize its omnipresence and rejoice at the laboratory of thought that, from the mineral cell up to the Infinite, links all kingdoms. The magnetic wave, the electric spark, and thought—these three voyagers greet those who strive into the Infinite.” (AY, §80)*

*“Suggestion can be transmitted by thought, by sound, or by a glance, and it can be reinforced by deep inhalation. What opportunities for scientific observation lie in these actions! It can be observed how inhalation strengthens sound and the emanations of the eye. The various properties of the human glance were noticed long ago. By conducting a series of experiments, you could observe the distance over which the radiations of the eye act. During the experiments it would be instructive to watch how the power of thought combines with the physical emanation of the eye. Only by observation can you begin to appreciate the invisible world of human influences. The web woven by the unconscious activities of thought is so complicated! Do not be surprised that thought lives on in space. Similarly, the physical particles of the glance do not disappear. As we learn to observe, we shall once more remember about the heart and understand the symbol of the piercing arrow.*

*Many arrows pierce the heart, as shown on ancient images, and on the very same images we see the flame of the heart. Could it be that without arrows a flame is impossible? One can affirm that the basis of the flame’s manifestation is a blow; it is like the birth of a new rhythm. The Teacher desires that the rhythm be accelerando—this applies to everything.*

*You should not decide beforehand what is possible. Precisely, what is impossible today will be possible tomorrow.” (Heart, §28)*

*“Thought does not die away in space. Horizontally and vertically thought traverses space. There is no limit to its expansion. But nothing can remain in the same state. We know about the inviolability of thought, but apparently transmutation of it is taking place, and one needs to know into what the thought is being transmuted. It flows into pure fire. A beautiful circle results. From the fire arises energy—a creative thought—and through the earthly furnace this thought is again united with fire. The circle is closed, and renewed energy ascends regenerated for new labor. Such consummated cycles can be observed throughout the Universe. But the evolution of thought will be especially sublime. Therefore, does not this realization of the value of thought impel man to intensify his thought-energy? Let each one apprehend what kind of thought will be especially creative. Let man weigh in his heart which thought is fitting for him. Thus a selection of values takes place.” (BR, §378)*

## 12. The realm of thoughts and ideas

The space contains many shapes of thought of all possible shades of human thought from the present, but also from past centuries and millennia, which resemble a reservoir of unused human ideas of various kinds. In this realm of ideas are shapes of thought which refer to a wide variety of questions, including those which have never become a reality on the physical plan. There are entire areas in the Subtle World that are filled with the ideas of future discoveries, which were conceived by genius people at various times, but have not yet been used by inventors of the present.

*“The renaissance of a country is always created through cosmic influences. The agglomeration of propelled thoughts attracts from space the necessary layers of manifested sendings. Cliches of great discoveries float in space. Those who can intensify their psychic energy with the rhythm of cosmic energies will absorb treasures into their consciousness. ...” (Inf. I, §25)*

It is a well-known truth that many inventions are made while you sleep. For example, Thomas Edison rarely dreamed in vain. Also, Westinghouse, the inventor of the brake named after him, finally got the right solution in a dream after long vain efforts.

People have always drawn from the realm of ideas and continue to do so to this day without being aware that they are borrowing the most varied thoughts and inventions from this source in space. They assume that they have been the creators by themselves. However, when man works on the solution of any question and does not find the right approach to it, the moment arises that enables a correspondence with the corresponding vibration of ideas and thoughts in space with the same content and thus brings help.

### 13. The effect of thoughts on objects and places

You can charge not only objects, but also places and locations with certain thoughts, whether good or bad. Through repeated action, human thought will be so strong that a corresponding atmosphere will be created, and objects charged with powers of thought can be salutary or perishable. The thoughts fill the space, pile up and merge with the given place or space in such a way that they become a specific property that characterizes the place. Think of places of worship and sacred places, as well as living spaces filled with beautiful thoughts of harmony or peace. The power of influence in such places can influence the character of a person in a good sense if they stay there for a long time. Unfortunately, there are more places that have a disintegrating aura of thoughts and exert a bad influence on their visitors.

It makes a huge difference whether you are in a sacred and quiet place, saturated with good and loving thoughts, or whether you go to a cinema or other entertainment venue. Even a main road filled with the noise of engine noises is vastly different from the quiet peace of silent forests. The cinemas with their mostly bad films have become intellectual hotbeds of crime. It's a fact, unfortunately, that many people make most of their money by appealing to people's lowest instincts, but still nobody can shake off one's responsibility, not even with the heaviest moneybag.

### 14 Thought and responsibility

The mutual influences of our thoughts on each other are vast. They reveal themselves to all moments of life. Through every thought of a constructive or destructive nature, man opens himself to a corresponding influence, good or bad. When we read a book or newspaper, listen to a speaker or preacher, we open ourselves to the influence of the thoughts presented. Therefore the author or the speaker has to take responsibility for what has been said. You can spoil people not only through words and pictures, but also through writings and newspapers. Therefore, everyone who works in this area should recognize his tremendous responsibility towards his fellow human beings and serve the moral improvement of humanity.

The catchphrase that thoughts are free is based on a huge fallacy. Out of ignorance, people have so far only felt responsibility for their words and deeds. In truth, however, the responsibility for speech and action is only a responsibility for thought. The word as well as the deed is the expression of a thought, just because it has its beginning in thinking. The coming epoch demands that man should learn to master his thinking, purify his thinking activity, and through knowledge of the law of karma, understand and take responsibility for each of his thoughts. It is demanded that people consciously make reasonable use of the great power of thoughts for well-intentioned goals and for the benefit of evolution.

*"Each instant, someone somewhere is undergoing terrible misfortune. Let us not forget these perishing ones; let us send them thoughts of help. Perhaps people do not realize that afflictions are forever taking place, without end. In the Brotherhood they are known, and benevolent arrows are sent. Even if you cannot determine precisely the place of its destination, nevertheless send your salutary thought into space. It will find the right course and will be joined*

*magnetically with Our Help. Beauty is found when, from diverse quarters of the world, thoughts of salvation come flying—in this each one will emulate the Brotherhood.*" (BR, §585)

*"Can thought thunder? The phenomenon of the echo is an example. Thought, like sound, expands in magnetic waves. And the expression "the thunder of thought" is not an exaggeration. Precisely, the nature of thought must be investigated. For instance, is it possible that thoughts of a certain quality and intensity can influence plant life? How do animals react to certain thoughts? And finally, how do thoughts affect "sir man"? How does thought act as an element in chemical compounds? Would it not be advisable to test thought with litmus paper? Could thought not rival virulent poison or music in its power? In general, thought must be investigated as a living factor of existence. Thus it will be possible to build a bridge between the psychic and the material from psychotechnics to dynamics, and even to astrochemistry. Thus should be understood the working of space."* (AY, §81)

*"It is not so easy to learn to think. It is difficult to develop intensity of thought, and even more difficult to attain thought of high quality. A person will often mentally repeat to himself, "I will think purely." But his being is accustomed to egoistic thinking, and a most undesirable form of thought results. Two birds, flying in different flocks, cannot become united as one. It is necessary to exercise thought, not mentally, but with the fire of the spirit, until all disunity of thought disappears. Thought can have power only if it is monolithic. But each crack diminishes its power and also causes cosmic harm, by inducing dissonance into space.*

*It is necessary to devote the needed time to the mastering of thought, but at the same time repeatedly remind oneself that all thought has one essence. We rejoice at diversity of thinking, but each thought must be pure as a diamond."* (AY, §345)

*"Urusvati is right in affirming that each thought and each action generates its fluidic currents. These currents are extended over all the attractions of the Cosmic Magnet when the striving of the thought is directed toward the Source. The fluidic currents always bestow upon the thought the property of direction. When the action assumes a negative quality, the fluidic currents spread out as helpers of negative energies.*

*A predetermined action is affined with a free current of space; therefore, the fluidic currents combine with the free currents, drawing them into their own propulsive flow. The creativeness of fluidic currents is in ratio to the stream which generates them. Hence, space is full of fluidic energies. Thus, an endless battle rages in Cosmos!"* (Inf. I, §293)

## 15 Training in telepathy - a new danger

Leobrand March 1967

The skill of thought transmission and reading of thoughts (telepathy) is nothing new. Occultists, yogis and magicians have been dealing with it for thousands of years. Human beings as a relatively immortal force field are at the same time a transmitting and receiving apparatus. By nature, this ability is only latently present at most people, most of them don't know anything about it. In the subtle realm, where man spends most of his life, communication is mainly based on the reading of thoughts. A person with a developed consciousness is at least able to read the thoughts from the forehead of his partner partially or completely. This is much more difficult on earth. Here you can guess thoughts from facial expressions and gestures, but with certainty they can only be understood if they are sent consciously. But this requires a long exercise and not everyone is suited for it.

Learning telepathy begins with concentration exercises, reading muscular movements or feeling, etc. Such demonstrations have been the domain of mysterious magicians and glemen. They were usually able to perform such performances by agreeing and arranging on secret signs with their subjects.

*But today telepathy is generally beyond this stage of charlatanism and has already taken a safe place in science. The American researcher Prof. Rhine at the Duke University and his scientific work team achieved a special pioneering achievement in this area. In the meantime, mind reading has been introduced as a subject not only in some schools in the USA but also in Japan and, according to reports, in the USSR, for pupils after the age of twelve.*



In these schools, a grade is given in the testimonies via telepathy as well as in other school subjects. Pupils who have good grades in mind reading are promised a brilliant career in industry, science and astronautics.

The term space travel is an important keyword here, because the idea of introducing mind reading as a school subject wasn't coincidental. The development of space travel has led to special attention being paid to the training of telepathy. Where technology and its gadgets fail, the human transmitter and receiver (apparatus) should step into the breach, especially since telepathy is not bound to a certain limit or distance and cannot be affected by magnetic interference. Just as in medicine a special subject was created by space travel, which led to the freezing technology (cryonics), so space travel now also requires the training of telepathy for the purpose of communication without any gadgets at greater distances.

The idea of introducing telepathy as a new school subject didn't arise without special reason, but to promote space travel. The connections under which space travelers must live in the cosmos were artificially created. One subject was exposed to these conditions while another was moving under normal conditions. It was found that under such conditions it is easier to transfer thoughts than under normal conditions.

The significance of this discovery for space travel cannot yet be estimated. How easy it happens that transmitting and receiving devices in the space capsules break down and fail at all. This leaves the pilots without contact with their environment and ground personnel, and the whole success of a very expensive experiment can be put into question.

In the case of a transmission of thought between the cosmonaut in the space capsule and the contact person in the ground station, such a breakdown cannot occur when telepathy is functioning, and for the simple reason that there is no transmitter and receiver here. Especially since distances are not important, so that transmissions between Earth and the Moon, Earth and Venus, etc. are easily possible.

Science today knows how telepathy works. Every human being sends out thoughts in the form of rays like a small star. Thus, even today the moral activity of the "Welt-Spirale" is already scientifically confirmed, which is expressed in "Star for Help through Thoughts".

Our brain is not only a transmitting station when we are fully aware of the day, but also when it is sleeping. This can also be measured by using special gadgets e.g. (EEG). These are alpha, beta and gamma waves, which are able to cover greater or lesser distances depending on the individual's personal abilities.

There are of course people who are more or less gifted for mind reading, just as there are smaller and larger talents in other areas.

Our previous teaching system has deliberately not developed this ability, which is hidden in everyone, i.e. definitely not forced. Perhaps one unconsciously sensed the associated moments of danger. Nowadays, where all moral concerns fall, and certain nations want to be at least among the first in the race into space regardless of losses, because this seems to be decisively for them for being or nonbeing. All considerations are dropped, which is why one wants to develop mind reading among schoolchildren in the countries mentioned. Of course, in the United States and Japan, people also hope that there will be advantages for learning at all, which cannot be dismissed out of hand. Unfortunately, of course, the possible dangers associated with telepathy in the current state of human morality and spirituality have not been thought of.

*It is well said in Agni Yoga that a time will come when people will get by without any apparatus. Before this happens, a corresponding moral maturity and refinement of the human constitution is required. First of all, science researches at random, regardless of losses and without moral concerns. However, it opens a door for mankind that may initially leads into an abyss for most of the people involved, or at least can have considerable karmic consequences.*

People who do not have the appropriate ethical maturity and sense of responsibility will not stop at the simple purposes of space travel in their experiments with telepathy. They will use their powers, or at least try to use them, to gain advantages within human society at the expense of other people, or to harm others out of hatred and revenge. After all, you can give a person all kinds of orders.



Furthermore, it is a fact that science has not yet taken note of, because psychology still doesn't recognize the true cause of schizophrenia. The so-called "aliens" - i.e. the separated spirit being also out of the subtle realm - exerts a telepathic influence. This not only leads to arbitrary influences, but in some cases to various types of possession disorders, so that under such influence medially predisposed and mentally unstable people even commit acts of serious crime. This can even go so far that people become suicidal without actually wanting to do so out of their own consciousness.

Lower subtle beings give orders from the desire to still participate in earthly life (an illusion that they can create through the emanations of blood), from the subtle realm on the way via thoughts transfer to easily influenceable people on earth. Sometimes these include murder and suicide, so that the majority of these crimes are not caused by free decision of the people concerned, but by foreign, telepathic influences.

At the present stage of spiritual development, humanity is under no circumstances prepared for general training in the field of telepathy. The abuse of telepathic abilities is unfortunately also very difficult to prove. In any case, it can be safely assumed that the already alarming advance of mental illness will be accelerated even more by this.

The statistics of the German social security institutions already speak for themselves. A German investigation report on about 6 million compulsorily insured employees states that in 1961 of all illnesses 8.9 % sickness benefits alone were paid sickness benefits for mental damage, in 1962 it was 11.4%. If this progression continues, which is to be expected in a radical sense in the event of general abuse of telepathy in Europe, at least 50% of all cases of illness will already be related to mental illness by the year 2000.

According to a report of the UN World Health Organization in 1966, 30% of sickbeds in highly industrialized countries are already occupied by the mental ill. The number of mentally normal people is constantly decreasing. This is a huge threat to public health and, at the same time, to people's safety. Because more and more cases of mental illness are being perceived even in the highest circles. A gruesome prospect for the future.

Women in general are also particularly at risk. Again, statistics show that mental illness is twice as common in the female sex than in the male. In this case, too, the reasons for science aren't known, especially the responsible psychology has no explanation for this. It is the mediality that occurs much more frequently in women than in men. My private observations and experiences can only confirm the statistics. Mediality and experiments with telepathy are a risk that should not be underestimated in view of the current state of the development of human consciousness under the simultaneously given cosmic conditions. Mankind is in the middle of the so-called "Armageddon of culture", i.e. in the final battle between light and darkness on earth. However, this is also rejected out of ignorance by the responsible scientific circles.

*For reasons of public health and human safety, scientific experiments with telepathy may therefore only be carried out if it is 100% certain beforehand that the test subjects aren't medially predisposed. The test subjects must be checked by experiments, otherwise there is a risk of schizophrenia, at least that of psychism. Thus, the number of mental illnesses will increase again rapidly. At the present state of affairs and in the present world situation any telepathic activity with unsuitable and immature persons must therefore be completely rejected.*

## 16 Quotations from the Living Ethics

*"It has already been said that the science of thought transmission at a distance is ordained as an attainment of humanity. However, it must be an authentic science and must arouse a respect worthy of it. It is inadmissible that people should respect a primitive apparatus more than the great energy contained within themselves. Do not think that an understanding of the forces concealed in man has been sufficiently strongly established. There is far too little respect for such forces among illiterate people. They are ready to hurl themselves into the dark abyss of so-called spiritualism, but they do not wish to reflect about the power contained in thoughts. The science of thought cannot be developed if people do not pay attention to it." (BR, §410)*

*"There have been the strangest attempts to study the transmissions of thought at a distance. People have connected two persons at a distance by tying their wrists with a thread of waxed silk. They paid special attention to the purity of the silk and the particular quality of the wax. They gave much thought to how best to insulate the thread from the ground. But they were far from remembering that psychic energy needs neither thread nor wax. People deem that the mechanical appliance actually effects the success, but he who first proposed this method regarded the thread simply as a symbol on which to concentrate attention."* (AUM, §289)

*"In the West much is said about the transmission of thought to a distance, but the application of this action is absolutely unknown. For instance, in order to prove it, two stations are established that must work simultaneously; and the distance between them is calculated, as if the power of thought could be affected by miles! The most essential part of the experiment is overlooked, namely, the effect of the thought.*

*You know that My answers take different lengths of time to reach you because of the influence of magnetic and atmospheric conditions. Can a difference of a few minutes have any influence on the effect of a thought? Yet, according to the Western approach, the experiment would be considered unsuccessful.*

*The West ignores the effects of thought because it seeks only statistical calculation. But scientific research will in the future note the correlation between dissemination of thought and surrounding physical conditions.*

*The development of thought will permit many new methods, depending on the various waves. One may notice that thought can seem to leap, like a stone thrown flat that glances off the surface of the waves. In this way, the thought reaches unexpected places. The dissemination of thought places responsibility upon the thinker.*

*When we have learned to find joy in the new breadth of this responsibility, we will appreciate the importance of thought and will learn to investigate its laws. Many sensitive apparatuses will make it possible to determine the effects of thoughts. Thus, one more treasure will be extracted out of chaos."* (AY, §396)

*"There are people who can detect radio waves without an apparatus. Taken alone, such a faculty represents no special achievement, but it furnishes a useful comparison with transmission of thought; the basic energy is identical. If the far cruder transmission of radio waves can be received, the next step is entirely possible. People are continually receiving thoughts from space and translating them into their own language; yet even such a simple truth needs to be repeated.*

*It is incomprehensible why people are so opposed to the simplest consideration—that of thought as energy. As if such a truth could demolish people's hearths! True, the energy can shake out some of the dust, but the house will be the purer for it.*

*Avoid no opportunity of speaking about thought as a motive force!"* (AUM, §216)

*"In the transmission of thought at a distance, certain methods are employed that are not without foundation. In two rooms, both painted in the same color, preferably green, a single note is sounded and the place is filled with one aroma. Such details undoubtedly have significance, but only of an auxiliary nature. The power of thought depends upon calmness and heart-striving. This should always be kept in mind, because people too often place the will in the brain. Such a brain-sending can be interrupted in space by a still stronger current. In general, the subtlest receptivity is needed around the will and sendings of thought.*

*To isolate a clear thought, without incidental waverings, will be in itself a lofty discipline. In the Brotherhood attention is paid to such purification of thought. Speaking of Brotherhood, it is unavoidable to touch upon thought-sendings. The work of thought will function from small to great tasks, and the discipline of the heart will be required for success. Each heart is surrounded by anxiety, agitations, and tremor. One can overcome these tremors by addressing oneself to Hierarchy, not halfway, but fully; such an appeal is not at all frequent. Yet for the simplest experiments unshakable striving is required. Usually a swarm of tiny, malicious insects attempts to violate the purity of thought. All these petty ones must be subdued by brotherly unity."* (BR, §546)

*"A headache may have many causes, but it also may come from the non-acceptance somewhere of mental sendings; this can also be reflected as needle pricks in the heart. Hence,*

*I am anxious that this harm should not take place. With some people a routine of negation is formed imperceptibly, and it becomes, as it were, a habit to feel offended. On the basis of these errors, people become impervious to the manifestations of mental sendings. In this state the most benign thought recoils from the obstruction of resentment. Moreover, the thought may return and only cause trouble to the sender. One should urge everyone not to do harm. Besides, a touch-me-not attitude is most petty and is nurtured by an undeveloped consciousness. Thus, in everyday life there exists a routine of resentment. It must be recognized and ejected as a most noxious insect. Petty earthly feelings are turned into a fiery Gehenna." (FW I, §143)*

*"Conscious transmission of thought at a distance is still in an embryonic stage. Each undertaking in this direction is to be welcomed, but it will carry little weight for the broad masses. Therefore, together with experiments, lectures about thought-energy should be organized widely.*

*Brotherhood is primarily a School of Thought." (BR, §512)*

*"... One should observe the different chemical natures of human transmissions of thought. Customary experiments in thought transmission are useless. In these the sender mentally repeats, "I am sending," and the recipient, by thinking, "I am receiving," actually obscures his consciousness.*

*During sendings to a distance one should adjust one's communications to the psychic condition of the receiving one. It is better to employ expressions customary for him, in order not to fatigue him." (AY, §500)*

*"Psychic energy and the transmittance of thoughts from without are manifested widely through creativeness, through research, and through discovery. The sendings may be human ones, or those of the Subtle World or the Fiery World, or finally, those from the ineffable highest spheres. Often it is not easy to distinguish the degree of these transmissions. For this it is necessary to be highly observant of oneself and one's surroundings. Upon alert observation one will succeed in distinguishing certain signs.*

*Earthly thoughts readily settle into the consciousness, but evil thoughts can provoke a shock to the nerves of an unpleasant nature. Thoughts from the Subtle World will produce a certain heart palpitation and are not so easily assimilated; they may even cause a headache as if the brain were being pierced. Fiery thoughts flash like meteors, and when a flight of fiery messengers kindles the surrounding atmosphere there results a roaring sound. The manifestation of fiery thoughts is accompanied by fires, and it even intercepts the current of usual thinking. Fiery thoughts are very transitory and are easily forgotten. But the rarely attainable, luminous transmissions of the higher spheres are like lightning, in both their unexpectedness and their penetration of the heart. Only exceptional people can endure these lightnings. One may enumerate many signs of thought sendings, but it is especially important to accept the fact of such transmissions." (AUM, §12)*

*"Urusvati values clarity of thought. Yes, yes, a pure, clear, and commanding thought can be called spatial thought. An arrow must not be blunt; an arrow must not be too long. Likewise a command of thought must be sharp and brief.*

*Quality of thinking is needed, both for Earth and also for the Supermundane World, where communication is by thought, and an ability to think clearly is especially needed. Imagine a dweller who is used to thinking in tangled and lengthy ways. He will experience great difficulty in communicating with those around him. Also, he would not know how to receive the lightning bolt of a brief message. Worse, he would have to now learn what he could not learn in his earthly life.*

*It is pitiful to look at such inarticulate ones, for they become tangled in a labyrinth of dark, weak thoughts. Their emanations are weak and will not light up their path. One may say that they present a useless burden to the Subtle World, instead of being luminous co-workers. They will regret that during the days of their earthly existence they did not find the time for the work of mental progress.*

*The Thinker said, "A great many treasures can be packed into one's luggage." (SU, §940)*



List of references:Works of the blessed MAITREYA MORYA:

Blossoms of Morya`s Garden:

**CALL** CALL §§ 387**ILLUMINATION** ILL §§ 358

New era:

**COMMUNITY** COM §§ 275

Doctrine of Living Ethics in seven themes:

**AGNI YOGA** AY §§ 670**INFINITY** (2 parts) INF §§ 918**HIERARCHY** HIE §§ 460**HEART** HEA §§ 600**FIERY WORLD I** FW I §§ 666**FIERY WORLD II** FW II §§ 470**FIERY WORLD III** FW III §§ 618**AUM** AUM §§ 600**BROTHERHOOD I** BR I §§ 610**BROTHERHOOD II** (2 parts) BR II §§ 955

The Secret Doctrine, 3 parts, Helena P. Blavatsky

**Cosmogogenesis (Vol I)****Anthropogenesis (Vol II)****Volume III**

**MORYA** – Indian Rajput prince, whose spirit had enraptured to the great spirit of the MAITREYA, become enlightened and overshadowed by this. This ordered portrait drawing of the artist Hermann Schmiechen in 1884 was often copied, however the copies are only similar to the “face of the teacher”, so repainted copies lead to failures in meditations!

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**Living Ethics shows the way of a rational self-education through applied ethics.**





**LEOBRAND** – Leopold Brandstätter (\* 20th February 1915 Wallern, † 26th February 1968 Linz), was an Austrian nature philosopher and humanist.

His writings are concerned with ethics, humanities, psychology, philosophy, politics, ideology of the world and architecture.

In the 1950s he translated the Agni yoga doctrine from Russian together with a Baltic-German team, thus paving the way for this philosophy in German-speaking countries.

Leobrand founded a (non public) school for Living Ethics. Decades before the introduction of teaching ethics in public schools he had already written 36 lessons of Living Ethics, as the first interdenominational teaching aid for ethical training. He gave countless lectures and conducted seminars. Recordings of Leobrand's lectures are available. These historical audio documents offer the possibility to understand/think along the philosophical analysis of the great thinker Leobrand and open up new horizons for life's spiritual dimension. Philosophical accuracy and clarity of expression are Leobrand's trademarks.

The new concept of God is particularly noteworthy. For this new and completely independent concept of God, a new term was created: "UNIVERALO". Leobrand's concept is explained on a hierarchical basis, it detaches itself from the abstract and merges with the whole existence. It includes many philosophical and historical concepts as well as advanced knowledge of relatively immortal spiritual fields of force. Leobrand therewith expressed the first and only humanistic definition of God within a new world-view and pulls the rug from under atheism. The new concept of God is as dynamic as nature itself and thus indicative of the forthcoming independent humanities.

Other highlights are his work for a united Europe and for a forthcoming pannational world union. Many of those great-sounding ideas of Leobrand are already self-evident reality.

#### Works:

1955 - 1961: 36 lessons, **Briefe über Lebendige Ethik** (*letters on Living Ethics* - in translation)

1957: **Psychische Energie** (*Psychic energy* - humanities and psychology)

1958: **Heilung durch psychische Energie** (*Healing by psychic energy* - humanities and health)

1966: **Freude** (*Joy* - philosophy)

1967: **Der Ausweg** (*The way out* - politics)

1968: **Neues Europa und Welt ABC** (*New europe and world ABC* - politics)

1968: **Das neue universelle Weltbild** (*The new universal world view* - world view)

1968: **Spiralik** (*Spiralik* - architecture of the future)

1953 - 1968: reprint, articles in magazines (partly unpublished manuscripts)

1976: **Der auferstandene Gott** (*The resurrected god* - humanities, compilation of articles)

1962 - 1967: **Lectures** and seminars on all his works (recordings MC in German language)

#### Activities:

1949: Establishment of a **peace league**

1953: Establishment of the (not public) „**School for Living Ethics**“ and magazine

1960: Publication of the magazine „**Spirale und grüne Wacht**“ (nature protection and biotechnology)

1961: Publication of the magazine „**Weltreichspirale**“

1962: Establishment of the association „**Welt-Spirale**“ - ethical society of progress and renewal of the world, and magazine.

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# Joy – Peace – Freedom

Serve peace and welfare of the world!

## Overview of the „letters on living ethics, Introduction to Agni yoga“ from LEOBRAND:

### Basic information ethics

1. The truth about yoga
2. Problems of spiritual renewal
3. The meaning of life
4. Karma and forming of fate
- 5. Might and meaning of thoughts**
6. Self-help through proper thinking
7. Reincarnation – yes or no?
8. The meaning of suffering
9. Absolution or personal responsibility?
10. Dharma and life-task
11. Death and Rebirth
12. Devotions and sacrifice
13. The relationship of the sexes
14. Marital problems
15. Living Ethics and education
16. Living Ethics and everyday life
17. Living Ethics and nutrition
18. Living Ethics and art

### Spiritual training

19. Living Ethics – doctrine of life
20. Chakras or centers of higher consciousness
21. The spiritual meaning of the heart
22. The widening of consciousness
23. The subtle constitution of man
24. Monad or spiritual grain
25. The construction of the universe and Cosmoses
26. Subtle world
27. Fiery world
28. Brotherhood
29. The universal understanding of God
30. The Mother of the world
31. Occultism – yes or no?
32. Danger and meanders of occultism
33. Good and evil
34. The coming new world
35. Infinity
36. The path to become a master

Thinking is undoubtedly a process of awareness, even if science often only speaks of electrical brain phenomena. For every kind of consciousness you also need a carrier of awareness, whose outer shell forms the physical body, but which cannot think of itself without being enlivened by higher principles, but this is only the external appearance of this soul and is the result of your own thinking. This highest form of the human mind has its seat not in the brain, but in the heart, and therefore everything that emerges from there is accordingly enlivened with cordiality, warmth and truthfulness. Everything starts primarily with the thought and then the action follows. Thought is one of the mightiest energies in the cosmos, it is both constructive and destructive. Thoughts form a force that is effective everywhere in space, especially in the world around us.